Giving Help & Hope to Our Local Community

YWCA NorthCentral PA
Annual Report 2012-2013
ywca is dedicated to eliminating racism, empowering women and promoting peace, justice, freedom and dignity for all.
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This year marks 120 years since the first group of women gathered to discuss the needs of Williamsport’s working girls. Our current Board, staff and volunteers constantly harness the strength and ingenuity of these predecessor’s while serving a modern world with modern problems. With a foundation rooted in strength and commitment, the YWCA served the community through three cornerstone programs last year.

**Wise Options** – Our 24/7 hotline receives calls every hour of the day and we are thankful to be on the other end of the line for those who need the support, crisis management and safety planning we can provide. With an emergency shelter, counseling and services Wise Options helps for victims of domestic violence, sexual assault and other violent crimes.

**Liberty House** - In February, we celebrated a decade of helping homeless women and women with children in Lycoming County turn their lives around. More than 750 lives have been touched by the empowerment and education provided by this unique transitional housing program.
CASA - The YWCA served as CASA’s home base for a very proud and successful 10 years. In July, CASA centralized its resources and regionalized to form Susquehanna Valley CASA. While they now operate independently of the YWCA, these thoroughly trained and dedicated volunteers continue to support abused and neglected children in Lycoming County.

In June, we opened The Boutique to benefit our programs, so we can independently raise renewable, steady income for the women, children and men who rely on the YWCA to be there in times of need.

As we move forward, we know we will always gain strength and inspiration from the forerunners of this incredible organization. It is our hope that 120 years from now, an entirely new generation will be inspired by the decisions we make today.

Rachel Kirk, Board President
A Court Appointed Special Advocate is a trained citizen appointed by a judge to represent the best interests of abused and neglect children in court. The CASA’s role is providing a judge with a carefully researched background and current information regarding the child and his/her family which will assist the court in making a sound decision about that child’s future.

These advocates are thoroughly trained by professionals experienced in the court and child welfare system, in order to provide them with the tools necessary to best represent the interests of the child. The goal of a CASA is to see that every child is placed in a safe, permanent home, to allow their voice to be heard and to give them hope for a better future.

At the end of this fiscal year, CASA regionalized to service more children. The newly formed Susquehanna Valley CASA is based in Lewisburg but continues to serve Lycoming County.
<table>
<thead>
<tr>
<th>Category</th>
<th>Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total number served</td>
<td>77</td>
</tr>
<tr>
<td>Children currently being served</td>
<td>46</td>
</tr>
<tr>
<td>New CASA appointed cases</td>
<td>26</td>
</tr>
<tr>
<td>Closed CASA cases</td>
<td>28</td>
</tr>
<tr>
<td>Adopted</td>
<td>5</td>
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<tr>
<td>Returned Home</td>
<td>16</td>
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<tr>
<td>Permanent legal custodianship</td>
<td>5</td>
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<td>Change of venue</td>
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<tr>
<td>Runaway</td>
<td>1</td>
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<tr>
<td>Active volunteers</td>
<td>27</td>
</tr>
<tr>
<td>Newly trained volunteers</td>
<td>4</td>
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Liberty House provides homeless women with the chance to rebuild their lives from the inside-out. Curriculum focuses on self-empowerment and life skills to teach women how to become and remain confidently self-sufficient. This goal-oriented transitional housing program is designed to address the individual needs of each participant through intensive case-management and a series of well-defined goals and objectives. We offer women the opportunity to develop and achieve personal success through classes and workshops covering topics from nutrition to economic empowerment.

Homelessness in Lycoming County is an ever increasing problem and Liberty House has provided shelter and support to more than 750 women and children since we welcomed the first program participants more than 10 years ago.
102
TOTAL NUMBER SERVED

NUMBER OF SINGLE WOMEN 40
NUMBER OF MOTHERS 22
NUMBER OF CHILDREN 40
TOTAL WOMEN & CHILDREN SERVED 102

80% of Liberty House program participants who stayed for more than 90 days moved to permanent housing.

100% of Liberty House program participants without a GED or high school diploma worked to obtain their GED

Of the 22 mothers participating in Liberty House, 100% attended Non-Traditional Parenting Class.
Wise Options is a safe haven and source of support for people of Lycoming County, giving help and hope to victims of domestic violence, sexual assault and other violent crimes. Free and confidential services are provided 24/7 by trained staff and volunteers who provide immediate support and information. These dedicated professionals help clients in crisis and provide follow-up assistance to cope with ongoing related issues.

Direct action services are provided by Wise Options for domestic violence, sexual assault and victim services.

**WISE OPTIONS SERVICES INCLUDE:**

- Emergency Shelter
- 24 Hour Crisis Hotline
- Crisis Intervention
- Court Accompaniment
- Counseling
- Protection from Abuse Orders (PFAs)
- Crime Victim Compensation
- Emergency Safety Planning
- Hospital Accompaniment
- Community Education Programs

If you are in a state of crisis, call 1-800-326-8483 or (570) 323-8167.
DOMESTIC VIOLENCE:
SERVICE TO ADULTS 854
SERVICE TO CHILDREN 761
SERVICE TO SIGNIFICANT OTHERS 33

SEXUAL ASSAULT:
SERVICE TO ADULTS 96
SERVICE TO CHILDREN 45
SERVICE TO SIGNIFICANT OTHERS 20

ADULT VICTIMS OF OTHER CRIMES:

SHELTER SERVICE:
ADULTS 251
CHILDREN 60 / 1054 DAYS
TOTAL SHELTER DAYS 33 / 894 DAYS
2398 DAYS

PFA SCREENINGS:

HOURS OF SERVICE TO VICTIMS:
DOMESTIC VIOLENCE 2204
SEXUAL ASSAULT 176
(2131 hr. adults / 73 hr. children)
(52 hr. adults / 72 hr. children)
The YWCA knows that preventing domestic violence and sexual assault begins with education. Pre-school and elementary school students learn about appropriate and inappropriate contact through the Healthy Touch Program. Employers and organizations learn how to recognize the signs of domestic violence and how to help someone they think may be experiencing it at home. Wise Options Community Education also offers occupation-specific trainings are available for police forces, cosmetologists, and healthcare workers.

**REMEMBERING HONOR**
Middle and High School children attend this two-week summer program highlighting diverse American history, literature and role-models. The program strives to enrich academic pursuits, encourage leadership and build a deep sense of self-respect and community attachment. The importance of books and reading is the foundation of Remembering Honor, offering an exciting and thought-provoking perspective.
2,096
TOTAL NUMBER SERVED

NUMBER OF PEOPLE SERVED

PROGRAMS PRESENTED TO SCHOOLS, COMMUNITY & PROFESSIONALS

REMEMBERING HONOR TOTAL:
NUMBER OF STUDENTS
NUMBER OF ADULTS

EDUCATIONAL PROGRAMS OFFERED:
• Healthy Relationships
• Healthy Touch (4yrs +)
• Bullying
• Sexual and Domestic Violence Awareness
• Suicide Prevention
• Diversity

The YWCA’s Wise Options educational programing can be tailor-made for unique learning experiences. Call (570) 322-4637 to schedule an educational course.
YWCA NORTH CENTRAL PA

2012-2013
FINANCIALS
SUPPORT & REVENUE

GRANTS, GOVERNMENT & OTHER - 71%
SPECIAL EVENTS, TRIPS & OTHERS - 2%
MEMBERSHIP/PROGRAM FEES/RENTALS - 7%
LYCOMING COUNTY UNITED WAY - 10%
BEQUESTS/INTEREST/SALES/MISC. INCOME - 5%
CONTRIBUTIONS - 5%

TOTAL SUPPORT AND REVENUE* $1,340,091

*Unaudited Numbers

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2012-2013 FINANCIALS
EXPENSES

The YWCA is a partner agency of the Lycoming County

LIBERTY HOUSE/RESIDENCY - 39%  $518,477
HEALTH PROMOTION SERVICE - 2%  $30,093
CASA - 7%  $91,364
WISE OPTIONS - 44%  $594,312
FUNDRAISING - 5%  $67,244
MANAGEMENT & GENERAL - 3%  $42,464

TOTAL EXPENSES*  $1,343,954

*Unaudited Numbers
We would like to thank our Community Partners for their generous investment of funds, services and support of the YWCA programs and mission.

Abram and Dorothy Snyder Foundation
Backyard Broadcasting
Blast IU 17
Bro-Dart
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Community Arts Center
Family Practice Center
Hughesville Location
Favors Forward
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Henry Dunn, Inc
Hudock Moyer Wealth Management
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Larson Design Group
Lock Haven University
Lundy Construction
Lycoming College
Lycoming County United Way
M&T Bank
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Plankenhorn Foundation
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Renaissance Capital Foundation
Savoy Furniture
State Representative Garth Everett
State Representative Rick Mirabito
Steinbacher & Stahl
Susquehanna Bank
Williamsport Crosscutters
Woodlands Bank
2012–2013

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THANK YOU TO THE MEN AND WOMEN OF OUR BOARDS AND COMMITTEES WHO DONATE COUNTLESS AMOUNTS OF TIME AND RESOURCES TO THE MANY PROGRAMS OF THE YWCA.

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YWCA MANAGEMENT AND STAFF ARE COMMITTED TO FULFILLING THE MISSION THROUGH QUALITY SERVICE, CARE AND SUPPORT TO THE PEOPLE WE SERVE.

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*The YWCA Northcentral PA would like to take this opportunity to thank all of our dedicated board and trustee members, YWCA members, donors and volunteers. All time and gifts given, large or small, are appreciated. The amazing programs available here at the YWCA would not be possible without the continued support of you and our community.*

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The Society for Public Health Education (SOPHE) awarded Liberty House the 2013 Program Excellence Award. Lock Haven University Professor Beth McMahon from the Department of Health Science was a major force in the implementation and completion of the Community Based Research Project submitted to SOPHE.

The project involved speaking with and listening to program participants about the major obstacles preventing them from reaching self-sufficiency. Each Liberty House participant has an individual service plan (ISP) which helps the women clearly understand the program and available opportunities and it helps them establish goals with measurable outcomes. Those outcomes can include paying off debt, completing community service, finding employment, furthering their education and eventually finding housing.
The YWCA Northcentral PA is dedicated to eliminating racism, empowering women and promoting peace, justice, freedom and dignity for all.

A very special thank you to Labels by Pulizzi for their generous print donation of this year’s Annual Report.

YWCA NORTHCENTRAL PA
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