

eliminating racism empowering women

northcentral pa



As I reflect on the past year, I stand in amazement of the life-saving work performed by the dedicated and passionate staff and volunteers of the YWCA Northcentral PA.

From newborn babies to senior citizens, lives were transformed through supportive services that taught women, children and men how to break the cycle of abuse and thrive independently. This work was made possible by generous, thoughtful donors who supported two cornerstone programs.

Wise Options – For more than 40 years, victims of domestic violence and sexual assault have found a safe haven in Wise Options. The compassionate staff of this 24/7 emergency program provide a crisis hotline, counseling, advocacy and unconditional emotional support for women, children and men experiencing the torment of abuse.

Liberty House — Since this program opened in 2003, more than 1,100 women and children have gained the skills and knowledge to overcome adversity and the devastation of homelessness. With tutoring, budgeting classes, hands-on nutrition education and more, women not only learn how to live independently, they also truly believe that they can.

The Boutique — It's hard to believe The Boutique has only been in existence for two years. What began as a way to build reliable income for our programs has turned into a community outreach effort all its own. By offering gently-worn clothing at reasonable prices, customers from all walks of life have benefited from shopping at and donating to The Boutique. Our store also provides all YWCA clients with whatever they need free of charge while providing fun volunteer opportunities to those who enjoy giving back to the community.

And for all of this – I thank you. None of these remarkable programs could exist without generous supporters who understand that the YWCA is vital to our community. On behalf of every life you have touched - thank you for making the difference. I encourage you to swing by the YWCA at anytime to learn more about these programs and to learn about how your donation can mean a new life for someone in need.

Sincerely,

Doreen Decker, *Board President*

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The YWCA is a partner program of the Lycoming County United Way.

OUR MISSION

YWCA is dedicated to eliminating racism, empowering women and promoting peace, justice, freedom and dignity for all.

If you would like more information on volunteer opportunities or donating to the YWCA Northcentral PA, visit our website or call:

(570) 322-4637 ext. 159 www.ywcawilliamsport.org







The Boutique

When the YWCA opened The Boutique in 2013, the goal was to create sustainable and reliable funding to support our shelter and emergency services. Two years later, through the support of generous donors, dedicated volunteers and regular customers, The Boutique has grown into one of the YWCA's proudest accomplishments.

The Boutique provides volunteer opportunities, no-cost high quality clothing to any YWCA program participant, affordable shopping and a welcomed opportunity for the public to visit the YWCA.

With more than 12,000 items sold in the past year, The Boutique fulfills its original purpose of supporting Liberty House and Wise Options. Every dollar raised by selling high-quality, gently-used clothing and accessories supports women, children, and men as they rebuild their lives after violence and homelessness.

The Boutique provides high-quality, gently-worn clothing and accessories for women and families. All proceeds help eliminate racism & empower women.



The Boutique is open:

Wednesday | 3pm - 6pm Thursday | 11am - 5pm Friday | 11am - 5pm Saturday | 9am - 1pm

Donations are accepted during Boutique hours or at the front desk Monday - Friday, 8:00 am - 5:30 pm

BOUTIQUE STATISTICS

- 100% of Wise Option and Liberty House clients had access to professional work wear, warm winter coats, pajamas and high quality, clean clothing at no cost.
- The Boutique received more than 500 donations of boxes and bags of clothing, shoes, accessories and more.

The Boutique provides volunteer opportunities for teens, seniors and individuals with disabilities.

- Number of Boutique business hours each week: 19
- Number of garments, purses and other items sold: 12,749
- Number of volunteer hours dedicated to The Boutique: 1,212





LIBERTY HOUSE

The YWCA Northcentral PA's Liberty House provides transitional living services for women and children that are homeless in Lycoming County. Clients participate in intensive case management while attending required courses in vital life skills like budgeting, nontraditional parenting and nutrition. The goal is to instill in women the belief that they are truly capable of self-sufficiency.

The YWCA and Liberty House staff provide various services for participants including:

- Case Management
- Life Skills, Counseling, Parenting Education & more
- Employment and Budgeting Services
- Housing and Social Services Referrals
- GED & Education Assistance through various community partners
- Volunteer Opportunities
- Food Pantry and Emergency Needs Center

ALL PARTICIPANTS ARE REQUIRED TO PARTICIPATE IN YWCA WORKSHOPS AND PROGRAMS.

Liberty Options is a special part of Liberty House for those who have become homeless as a result of domestic violence and provides tailored case management to guide survivors to break the cycle of abuse.



"Liberty House is very helpful and thoughtful.

The program has given me everything I need and my case manager always puts her clients first. The help is here."

~ Former Liberty House Participant

LIBERTY HOUSE STATISTICS

• Total number served: 92 Women served: 62 Children served: 30

 \bullet 100 % of clients were screened for domestic violence and had access to counseling and services.

This year. Liberty House clients cultivated two community garden plots, building pride and transferrable skills.

- 98% of clients with a history of drug or alcohol abuse were evaluated for and/or received supportive services.
- The average hourly rate of pay for clients exiting Liberty House was \$7.73 per hour.
- Number of volunteer hours clients provided to area nonprofit agencies: 2,658
- * These numbers represent the findings of the 2014–2015 fiscal year



WISE OPTIONS

When women, children and men are in the midst of crisis, they need a safe haven to restore their bodies, minds and spirits. Wise Options is that place, providing emergency shelter, guidance and legal advocacy for victims of domestic violence, sexual assault and other violent crimes. All services are free, confidential and personalized to provide the most comprehensive care.

The YWCA knows that preventing domestic violence and sexual assault begins with education. To reach that end Wise Options provides a large array of Community Education Awareness programs available to groups of all ages including occupation-specific trainings.

24 HOUR CRISIS HOTLINES: **570.323.8167** *or* **1.800.326.8483**

WISE OPTIONS SERVICES AND PROGRAMS ARE FREE OF CHARGE AND CONFIDENTIAL.

For nearly 40 years, Wise Options has tirelessly and proudly served as Lycoming County's only 24/7 comprehensive victims' services center for those facing abuse and crisis.



"I am so thankful for the help of Wise Options. Every little bit of support helps when dealing with such a stressful situation."

~ Domestic Violence Survivor

WISE OPTIONS STATISTICS

DOMESTIC VIOLENCE: 1,351

- Service to adults 1,135 Service to children 84;
- Service to significant others: 132

SEXUAL ASSAULT: 171

- Service to adults 93; Service to children 30;
- Service to significant others 48

LETHALITY ASSESSMENT SCREENINGS: 23

• Police departments traine: 4

SHELTER SERVICE DAYS: 2,330

• Adults 1,231 days; Children 1,099 days

PFA SCREENINGS: 317

HOURS OF SERVICE TO VICTIMS: 2,410

- Domestic Violence: **2,071** (1,965 hr. adult/106 hr. children)
- Sexual Assault: **340** (285 hr. adults/55 hr. children)

AWARENESS EDUCATION TO SCHOOLS, COMMUNITY AND PROFESSIONALS: 124

- Students reached: 610 • Adults reached: 1,804
- * These numbers represent the findings of the 2014–2015 fiscal year

FINANCIALS SUPPORT & REVENUE

Special Events & Other 30,604 106,977 Bequests/Interest/Sales/Misc. Income 56,751 Contributions

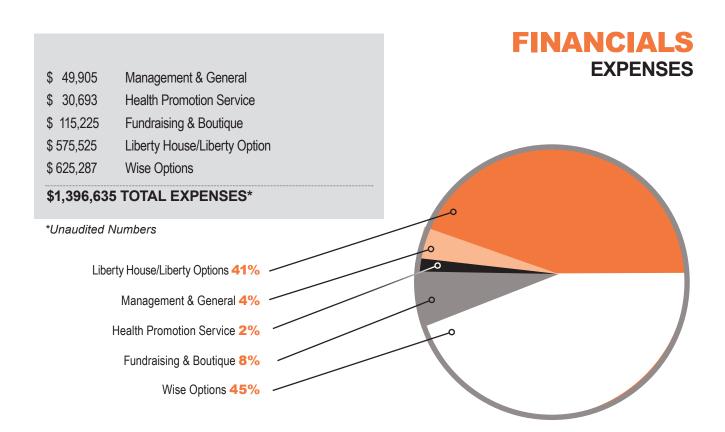
Membership/Program Fees/Rentals

104,868 Lycoming County United Way

86,827

\$1,542,537 TOTAL SUPPORT & REVENUE*

\$ 1,156,510 Grants, Government & Other *Unaudited Numbers Special Events & Other 2% Bequests/Interest/Sales/Misc. Income 7% Membership/Program Fees/Rentals 5% Contributions 4% Lycoming County United Way 7% Grants, Government & Other 75%









SPECIAL EVENTS

Women of Excellence | November 14, 2014

In its sixth year, the YWCA's annual Tribute to Women of Excellence honored thirteen of our area's most selfless and dedicated women. Judge Nancy L. Butts was named the 2014 Wise Woman of the year.

Next Event: November 12, 2015

Cuisine & A Cause | March 22, 2015

The YWCA's premier culinary competition brought in more than a dozen of the county's most loved eateries. Guests sampled more than 50 dishes and cast their votes to name the best appetizer, soup, salad, entree and dessert. *Next Event: Spring 2017*

Race Against Racism | April 25th, 2015

The YWCA Northcentral PA joined with YWCA's across the state and country to Race Against Racism at the same day and time. Pennsylvania hosted more than 5,000 runners raising awareness and funds for racial justice education. Our first 5k was a success with more than 220 registered participants. *Next Event: April 23, 2016*

YWCA BOARDS AND STAFF

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Williamsport Crosscutters
Williamsport Music Club
Woodlands Bank







Lycoming County United Way



THANK YOU

The generous support of businesses, organizations, churches, individiuals and anonymous donors has allowed women, children and men to find new lives of peace, safety, happiness and joy through Wise Options and Liberty House.



YWCA Northcentral PA

815 West Fourth Street | Williamsport, PA 17701 (570) 322-4637 | www.ywcawilliamsport.org

Thank you to all of the supporters, members and volunteers of the YWCA. Because of your kindness, the YWCA remains a strong and vibrant resource to save and improve lives.

